



Let's make
Bing's
Carroty
Bagels



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To make your Carroty Bagels you will need:

Utensils

- Mixing bowl
- Grater
- Large spoon
- Bread knife to slice the bagels
- Vegetable peeler



Ingredients

- Mini Bagels (full size are fine if you can't find the mini ones, but we find the smaller ones perfect for little Bingsters)
- Carrots
- Soft cheese

As Bingsters really vary in age and ability, we'd like to point out some safety considerations. It's great to get your Bingsters involved in making the Carroty Bagels and we encourage that, but please do use caution and your own good judgement about which steps your Bingster can safely be involved in. We recommend that you slice the bagels yourself and use your discretion as to whether your Bingster can use a peeler or grater. And please, don't leave your Bingster unsupervised with any of these utensils.

Instructions

- Step 1** Peel your carrot/s
- Step 2** Grate the carrot into the mixing bowl - if Bingsters are helping, please watch the position of their fingers carefully
- Step 3** Put a little of the grated carrot to one side
- Step 4** Add a large spoonful of soft cheese to the bowl
- Step 5** Mix the grated carrot and soft cheese together (do you notice anything happening to the colour of the cheese?)
- Step 6** Grown ups, slice the bagels
- Step 7** Spread the yummy carroty mix on to the bagel
- Step 8** Sprinkle the grated carrot you saved on top of the mix for a bit of extra crunch
- Step 9** Enjoy!



**Carroty Bagels...
they're a Bing thing!**